

J U L Y

Activities and Event Calendar (1724 Milestone Ridge.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. 10:00AM Adult Coloring Club. 2:00PM Music Group: Brenda Lee.	2. 10:00AM Baking Club. 2:00PM Card Game: Fairytale Movies Matching Card Game.	3. 9:30AM Chuck the Duck. 2:00PM Word Game Wednesday: 4th of July Word Finder.	4. 10:00AM USA Quiz. 2:00PM Group Puzzle.	5. 2:00PM Film Friday 'Rudy.'	6. 10:00AM Morning Meditation. 2:00PM Book Club: 'Short Story of Matthew Flinders.'	7. 10:00AM Sunday Shows 'Wheel of Fortune.' 2:00PM Fun Facts about Chocolate. World Chocolate Day
8. 10:00AM Bible Study. 2:00PM Music Group: Ella Fitzgerald.	9. 10:00AM Tetris. 2:00PM Card Game: Matching Card Game.	10. 9:30AM Roll, Pour, Reveal 2:00PM Word Game Wednesday: Classic TV Series Word Search.	11. 9:30AM 30 Min Exercise Routine. 10:00AM Baking Club: Mini Peach Upside Down Cakes. 2:00PM Poetry Club: Peace Poems.	12. 2:00PM Bingo Sports Bingo	13. 10:00AM Table Talk. 2:00PM Trivia French Trivia.	14. 10:00AM Read the Paper. 2:00PM Workout Video.
15. 10:00AM Adult Coloring Club. 2:00PM Music Group: Chuck Berry.	16. 10:00AM Baking Club. 2:00PM Card Game: Uno.	17. 9:30AM Milk Jug Water Balloon Toss. 2:00PM Word Game Wednesday: Carnival Word Search.	18. 9:30AM Relaxing Chair Exercises for Upper Body. 10:00AM Gardening Club: Wildflower Seed Bombs. 2:00PM Magnetic Puzzle.	19. 2:00PM Game Time Shape Makers	20. 10:00AM Morning Meditation. 2:00PM Book Club: 'The Life Saver."	21. 10:00AM Sunday Shows 'Let's Make a Deal.' 2:00PM No.1 Hits from July Reminiscing.

22. 10:00AM Bible Study. 2:00PM Music Group: The Clovers.	23. 10:00AM Mega Maze. 2:00PM Card Game: Go Fish.	24. 9:30AM Cacti Ring Toss. 2:00PM Word Game Wednesday: Cowboys Word Search.	25. 9:30AM Short Easy Exercise Routine. 10:00AM Tie Dye Socks. 2:00PM Poetry Club: I Remember the Cheese of my Childhood.	26. 2:00PM Spa Day Manicures	27. 10:00AM Table Talk. 2:00PM Trivia All About Trees Quiz.	28. 2:00PM Lee Cream Social National Tree Planting Day
29. 10:00AM Adult Coloring Club. 2:00PM Music Group: Dean Martin.	30. 10:00AM Baking Club. 2:00PM Card Game: Color & Shape Matching Card Game.	31. 9:30AM Binder Ball Catch. 2:00PM Word Game Wednesday: Orchid Varieties Word Search.				