

## MARCH

## Activities and Event Calendar (3805 Gillespie Dr)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1. 10:00AM Morning Meditation. 2:00PM Book Club: 'I Am Woman Song Lyrics.'	2. 10:00AM Read the Paper. 2:00PM Workout Video.
3. 10:00AM Group Puzzle. 2:00PM Music Group: Leontyne Price.	4. 10:00AM Card Game: Matching Card Game.  2:00PM Neurobics.  2:30PM Baking Club: Cupcake Decorating.	5. 10:00AM Word Game Wednesday: Exercise Word Search. 2:00PM Rainbow Coin Flip.	6. 10:00AM Adult Coloring Club. 2:00PM Spring Word Scramble.	7. 2:00PM Spa Day Manicures.	8. 10:00AM Browse Magazines. 2:00PM Table Talk.  International Women's Day	9. 10:00AM Sunday Shows 'Family Feud.'  2:00PM Female Vocalists Quiz.
10. 10:00AM Poetry Club: 'Poems for St. Patrick's Day.'  2:00PM Music Group: Astrid Varnay.	11. 10:00AM Card Game: Go Fish. 2:00PM Baking Club.	12. 10:00AM Word Game Wednesday: Garden Word Search. 2:00PM Magnet by Number.	13. 10:00AM Bible Study.  2:00PM Gardening Club: Window Greenhouse.	14. 2:00PM Game Time Snakes and Ladders	15. 10:00AM Morning Meditation. 2:00PM Book Club: 'Limericks.'	16. 10:00AM Read the Paper. 2:00PM Workout Video.

SHAMROCK SHAKES 2:30PM	18. 10:00AM Card Game: Matching Card Game.  2:00PM Ball Toss with Staff.  2:30PM Arts & Crafts: Fork Stamped Tulips.	19. 10:00AM Word Game Wednesday: Rhyming Word Search. 2:00PM Mega Maze.	20. 10:00AM Adult Coloring Club. 2:00PM Bean Bag Number Toss.	ADOPT-A- CHICK 10:00AM	22. 10:00AM Browse Magazines.  2:00PM Table Talk.	23. 10:00AM Sunday Shows 'Jeopardy.'  2:00PM It Happened in March Quiz.
Saint Patrick's Day			Spring	World Poetry Day		
24. 10:00AM Poetry Club: 'Poetry in Popular Songs.' 2:00PM Music Group: Eleanor Steber.	25. 10:00AM Card Game: Old Maid.  2:00PM Pool Noodle Exercises.  2:30PM Armchair Travel: Sri Lanka.	26. 10:00AM Word Game Wednesday: Spring Cleaning Word Search.  2:00PM Chess, Checkers, Chinese Checkers.  Anniversary of Beethoven's Death	27. 10:00AM Bible Study. 2:00PM Gardening Club.	28. 2:00PM Film Friday 'The Yearling.'	29. 10:00AM Morning Meditation.  2:00PM Book Club: 'Beethoven Short Biography.'	30. 10:00AM Read the Paper. 2:00PM Workout Video.
31. 10:00AM Photo Puzzle.  2:00PM Music Group: Elisabeth Schwarzkopf.						