

J U L Y

Activities and Event Calendar (3805 Gillespie Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. 10:00AM Adult Coloring Club. 2:00PM Music Group: Brenda Lee.	2. 10:00AM Baking Club. 2:00PM Card Game: Ocean Matching Card Game.	3. 10:00AM Word Game Wednesday: 4th of July Word Finder. 2:00PM Chuck the Duck.	4. 10:00AM Photo Puzzle. 2:00PM USA Quiz.	5. 2:00PM Film Friday 'Rudy.'	6. 10:00AM Morning Meditation. 2:00PM Book Club: 'Short Story of Matthew Flinders.'	7. 10:00AM Sunday Shows 'Wheel of Fortune.' 2:00PM Fun Facts about Chocolate.
8. 10:00AM Bible Study. 2:00PM Music Group: Ella Fitzgerald.	9. 10:00AM Jenga. 2:00PM Card Game: Cupcake Memory Match.	10. 10:00AM Word Game Wednesday: Classic TV Series Word Search. 2:00PM Roll, Pour, Reveal	11. 10:00AM Poetry Club: Peace Poems. 2:00PM 30 Min Exercise Routine. 2:30PM Baking Club: Mini Peach Upside Down Cakes.	12. 2:00PM Bingo Sports Bingo	13. 10:00AM Table Talk. 2:00PM Trivia French Trivia.	14. 10:00AM Read the Paper. 2:00PM Workout Video. Bastille Day
15. 10:00AM Adult Coloring Club. 2:00PM Music Group: Chuck Berry.	16. 10:00AM Baking Club. 2:00PM Card Game: Color and Shape Matching Game.	17. 10:00AM Word Game Wednesday: Carnival Word Search. 2:00PM Milk Jug Water Balloon Toss.	18. 10:00AM Group Puzzle. 2:00PM Relaxing Chair Exercises for Upper Body. 2:30PM Gardening Club: Wildflower Seed Bombs.	19. 12:30PM Splash Bash	20. 10:00AM Morning Meditation. 2:00PM Book Club: 'The Life Saver.'	21. 10:00AM Sunday Shows 'Let's Make a Deal.' 2:00PM No.1 Hits from July Reminiscing.

22. 10:00AM Bible Study. 2:00PM Music Group: The Clovers.	23. 10:00AM Farkle. 2:00PM Card Game: Famous Duos Matching Game.	24. 10:00AM Word Game Wednesday: Cowboys Word Search. 2:00PM Cacti Ring Toss.	25. 10:00AM Poetry Club: I Remember the Cheese of my Childhood. 2:00PM Short Easy Exercise Routine. 2:30PM Tie Dye Socks.	26. 2:00PM Game Time Connect 4.	27. 10:00AM Table Talk. 2:00PM Trivia All About Trees Quiz.	28. 10:00AM Read the Paper. 2:00PM Workout Video. National Tree Planting Day
29. 10:00AM Adult Coloring Club. 2:00PM Music Group: Dean Martin.	30. 10:00AM Baking Club. 2:00PM Card Game: Pass and Match.	31. 10:00AM Word Game Wednesday: Orchid Varieties Word Search. 2:00PM Binder Ball Catch.				