






Shelby York
 Life Enrichment Coordinator
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DECEMBER

Activities and Event Calendar (3805 Gillespie Dr.)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1. 10:00AM Read the Paper. 2:00PM Workout Video.
2. 10:00AM Bible Study. 2:00PM <i>Music Group:</i> Mariah Carey.	3. 10:00AM Baking Club. 2:00PM Feed the Snowman.	4. 10:00AM Farkle. 2:00PM <i>Word Game Wednesday:</i> Winter Word Scramble.	5. 10:00AM <i>Poetry Club:</i> The Six-Cornered Snowflake. 1:30PM Relaxing Chair Exercises for Upper Body. 2:00PM Mitten Ornaments.	6. 2:00PM Game Time <i>Trouble.</i> 	7. 10:00AM Morning Meditation. 2:00PM <i>Book Club:</i> 'How the Grinch Stole Christmas'	8. 10:00AM Sunday Shows 'Lingo.' 2:00PM Christmas Pantomimes Quiz.
9. 10:00AM Adult Coloring Club. 2:00PM <i>Music Group:</i> Frank Sinatra.	10. 10:00AM Left, Center, Right Dice Game. 2:00PM Penguin Hunting.	11. 10:00AM <i>Card Game:</i> Red or Black. 2:00PM <i>Word Game Wednesday:</i> Snowstorm Word Finder.	12. 10:00AM Group Puzzle. 1:30PM 30 Min Exercise Routine. 2:00PM Baking Club: Reindeer Brownies.	13. 2:00PM Spa Day <i>Manicures.</i> 	14. 10:00AM Table Talk. 2:00PM <i>Trivia</i> Kissing Under the Mistletoe.	15. 10:00AM Read the Paper. 2:00PM Workout Video.

<p>16. 10:00AM Bible Study: The Birth of Jesus.</p> <p>2:00PM <i>Music Group:</i> Michael Buble.</p>	<p>17. 10:00AM Baking Club.</p> <p>2:00PM Christmas Tree Pong: Cup Toss.</p>	<p>18. 10:00AM Yahtzee.</p> <p>2:00PM <i>Word Game Wednesday:</i> Christmas Word Scramble.</p>	<p>19. 10:00AM <i>Poetry Club:</i> White Eyes.</p> <p>1:30PM Gentle Stretches.</p> <p>2:00PM <i>Arts and Crafts:</i> Cardinal Painting.</p>	<p>20. 2:00PM Film Friday <i>'A Christmas Story.'</i></p> 	<p>21. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club:</i> 'The Story of Saint Nicholas.'</p> <p><i>First Day of Winter</i></p>	<p>22. 10:00AM Sunday Shows 'Lingo.'</p> <p>2:00PM Complete the Carol Titles.</p>
<p>23. 10:00AM Adult Coloring Club.</p> <p>2:00PM <i>Music Group:</i> Dean Martin.</p>	<p>24. 10:00AM No Sixes Dice Game.</p> <p>2:00PM Ball Toss with Staff.</p> <p><i>Christmas Eve</i></p>	<p>25. <i>No Activities Scheduled for Today,</i></p>  <p><i>Christmas Day</i></p>	<p>26. 10:00AM Photo Puzzle.</p> <p>1:30PM Chair Yoga.</p> <p>2:00PM Salt and Watercolor Snowflakes.</p>	<p>27. 2:00PM Bingo <i>Winter Bingo</i></p> 	<p>28. 10:00AM Table Talk.</p> <p>2:00PM <i>Trivia</i> New Years Traditions from Around the World.</p>	<p>29. 10:00AM Read the Paper.</p> <p>2:00PM Workout Video.</p>
<p>30. 10:00AM Bible Study.</p> <p>2:00PM <i>Music Group:</i> Andy Williams.</p>	<p>31. 10:00AM Baking Club.</p> <p>2:00PM Pleasant Face Exercises.</p> <p><i>New Years Eve</i></p>					