



JANUARY




Activities and Event Calendar (3805 Gillespie Dr.)

Shelby York

Life Enrichment Coordinator

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1. 10:00AM Adult Coloring Club. 2:00PM <i>Word Game Wednesday:</i> New Year Resolutions Word Search. <i>New Years Day</i>	2. 10:00AM <i>Card Game:</i> Matching Card Game. 2:00PM <i>Sensory Activity:</i> 'Little Fit.'	3. 2:00PM Bingo <i>Chinese New Year Bingo</i> 	4. 10:00AM Browse Magazines. 2:00PM Table Talk.	5. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM <i>Trivia: New Year Resolutions Quiz.</i>
6. 10:00AM Poetry Club: 'For Those Who Have Far to Travel.' 2:00PM <i>Music Group:</i> Antonio Vilvadi. <i>Epiphany</i>	7. 10:00AM Baking Club. 2:00PM Improvised Air Hockey. 2:30PM Pictionary.	8. 10:00AM Bible Study. 2:00PM <i>Word Game Wednesday:</i> Elvis Movies Word Search. <i>Elvis Presley Birthday</i>	9. 10:00AM Dominoes. 2:00PM <i>Armchair Travel:</i> Russia.	10. 2:00PM Film Friday <i>'A Dance in the Snow.'</i> 	11. 10:00AM Morning Meditation. 2:00PM <i>Book Club:</i> 'Elvis Presley Biography.'	12. 10:00AM Read the Paper. 2:00PM Workout Video.
13. 10:00AM Group Puzzle. 2:00PM <i>Music Group:</i> Johann Sebastian Bach.	14. 10:00AM Mega Maze. 2:00PM Sit & Stretch. 2:30PM Gingerbread Cookie Bars.	15. 10:00AM Adult Coloring Club. 2:00PM <i>Word Game Wednesday:</i> Tulips Word Search..	16. 10:00AM <i>Card Game:</i> Sevens Card Game. 2:00PM <i>Arts & Crafts:</i> Winter Cardinal.	17. 2:00PM Game Time <i>Backgammon.</i> 	18. 10:00AM Browse Magazines. 2:00PM Table Talk.	19. 10:00AM Sunday Shows 'Wheel of Fortune.' 2:00PM <i>Trivia: Flowers Quiz.</i> <i>International Flower Day</i>

<p>20. 10:00AM Poetry Club: 'One Today'</p> <p>2:00PM <i>Music Group:</i> Ludwig van Beethoven.</p> <p><i>M.L.K Day</i></p>	<p>21. 10:00AM Baking Club.</p> <p>2:00PM Football Toss Game.</p> <p>2:30PM Pinecone Bird Feeders.</p>	<p>22. 10:00AM Bible Study.</p> <p>2:00PM <i>Word Game Wednesday:</i> Coffee Word Search.</p>	<p>23. 10:00AM Jenga.</p> <p>2:00PM The Friendship Quilt.</p>	<p>24. <i>Coffee + Cocoa Cart</i> 3:30PM</p> 	<p>25. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club:</i> 'Life is Like a Cup of Coffee.'</p>	<p>26. 10:00AM Read the Paper.</p> <p>2:00PM Workout Video.</p>
<p>27. 10:00AM Jigsaw Puzzle.</p> <p>2:00PM <i>Music Group:</i> Wolfgang Amadeus Mozart</p> <p><i>Mozarts Birthday</i></p>	<p>28. 10:00AM Ubongo.</p> <p>2:00PM Chair Yoga.</p> <p>2:30PM Minute to Win It: Apple Stacking.</p> <p><i>Lego Day</i></p>	<p>29. 10:00AM Adult Coloring Club.</p> <p>2:00PM <i>Word Game Wednesday:</i> China Word Search.</p> <p><i>Lunar New Year</i></p>	<p>30. 10:00AM <i>Card Game:</i> Matching Card Game.</p> <p>2:00PM Arts & Crafts: Snowman Suncatcher.</p>	<p>31. 2:00PM Spa Day <i>Manicures.</i></p> 