

JANUARY

Activities and Event Calendar (2200 Peachtree Lane.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1. 10:00AM Alphabet Game. 2:00PM Word Game Wednesday: New Year Resolutions Word Search. New Years Day	2. 10:00AM Card Game: Matching Card Game. 2:00PM Group Puzzle.	3. 2:00PM Game Time <i>Scrabble.</i>	4. 10:00AM Browse Magazines. 2:00PM Table Talk.	5. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM Trivia: New Year Resolutions Quiz.
6. 9:30AM Improvised Air Hockey. 10:00AM Pictionary. 2:00PM Music Group: Antonio Vilvadi. Epiphany	7. 10:00AM Bible Study. 2:00PM Baking Club.	8. 10:00AM Armchair Travel: Russia. 2:00PM Word Game Wednesday: Elvis Movies Word Search. Elvis Presley Birthday	9. 10:00AM Ubongo. 2:00PM Poetry Club: 'For Those Who Have Far to Travel.'	10. 2:00PM Spa Day Manicures.	11. 10:00AM Morning Meditation. 2:00PM Book Club: 'Elvis Presley Biography.'	12. 10:00AM Read the Paper. 2:00PM Workout Video.
 13. 9:30AM Sit & Stretch. 10:00AM Gingerbread Cookie Bars. 2:00PM Music Group: Johann Sebastian Bach. 	 14. 10:00AM Adult Coloring Club. 2:00PM Mega Maze. 	 15. 10:00AM Arts & Crafts: Winter Cardinal. 2:00PM Word Game Wednesday: Tulips Word Search 	 16. 10:00AM <i>Card Game:</i> Sevens Card Game. 2:00PM Jigsaw Puzzle. 	17. 2:00PM Film Friday A Dance in the Snow.'	 18. 10:00AM Browse Magazines. 2:00PM Table Talk. 	19. 10:00AM Sunday Shows 'Wheel of Fortune.' 2:00PM Trivia: Flowers Quiz. International Flower Day

20. 9:30AM Football Toss Game. 10:00AM Pinecone Bird Feeders. 2:00PM Music Group: Ludwig van Beethoven. M.L.K Day	21. 10:00AM Bible Study. 2:00PM Baking Club.	22. 10:00AM The Friendship Quilt. 2:00PM Word Game Wednesday: Coffee Word Search.	23. 10:00AM Magnet by Number. 2:00PM Poetry Club: 'One Today.'	24. Coffee 4 Cocoa Cart 9:00AM	25. 10:00AM Morning Meditation. 2:00PM Book Club: 'Life is Like a Cup of Coffee.'	26. 10:00AM Read the Paper. 2:00PM Workout Video.
27. 9:30AM Chair Yoga. 10:00AM Minute to Win It: Apple Stacking. 2:00PM Music Group: Wolfgang Amadeus Mozart <i>Mozarts Birthday</i>	28. 10:00AM Adult Coloring Club. 2:00PM Sensory Seek and Find. <i>Lego Day</i>	29. 10:00AM Arts & Crafts: Snowman Suncatcher. 2:00PM Word Game Wednesday: China Word Search.	30. 10:00AM Card Game: Matching Card Game. 2:00PM Magnetic Puzzle.	31. 2:00PM Bingo Chinese New Year Bingo		