






JULY

Activities and Event Calendar (2208 Peachtree Lane.)

Shelby York
 Life Enrichment Coordinator
 Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>1. 10:00AM <i>Poetry Club:</i> Peace Poems.</p> <p>2:00PM <i>Music Group:</i> Brenda Lee.</p>	<p>2. 10:00AM Roll it, Play it.</p> <p>2:00PM Mancala.</p>	<p>3. 12:30PM Chuck the Duck.</p> <p>2:00PM <i>Word Game Wednesday:</i> 4th of July Word Finder.</p>	<p>4. 10:00AM USA Quiz.</p> <p>2:00PM Card Concentration Game.</p> <p><i>Independence Day</i></p>	<p>5. 11:30AM</p> <p>BACKYARD BBQ</p> 	<p>6. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club:</i> 'Short Story of Matthew Flinders.'</p>	<p>7. 10:00AM Sunday Shows 'Wheel of Fortune.'</p> <p>2:00PM Fun Facts about Chocolate.</p> <p><i>World Chocolate Day</i></p>
<p>8. 10:00AM Men's Bible Study.</p> <p>2:00PM <i>Music Group:</i> Ella Fitzgerald.</p>	<p>9. 10:00AM 6-5-4 Dice Game.</p> <p>2:00PM Group Puzzle.</p>	<p>10. 12:30PM Roll, Pour, Reveal</p> <p>2:00PM <i>Word Game Wednesday:</i> Classic TV Series Word Search.</p>	<p>11. 12:30PM 30 Min Exercise Routine.</p> <p>1:00PM Watermelon Squish Bag.</p> <p>2:00PM Red or Black Card Game.</p>	<p>12. 2:00PM Film Friday <i>'Rudy.'</i></p> 	<p>13. 10:00AM Table Talk.</p> <p>2:00PM <i>Trivia</i> French Trivia.</p>	<p>14. 10:00AM Read the Paper.</p> <p>2:00PM Workout Video.</p> <p><i>Bastille Day</i></p>
<p>15. 10:00AM <i>Poetry Club:</i> I Remember the Cheese of my Childhood.</p> <p>2:00PM <i>Music Group:</i> Chuck Berry.</p>	<p>16. 10:00AM No Sixes Dice Game.</p> <p>2:00PM Dominoes.</p>	<p>17. 12:30PM Milk Jug Water Balloon Toss.</p> <p>2:00PM <i>Word Game Wednesday:</i> Carnival Word Search.</p>	<p>18. 12:30PM Relaxing Chair Exercises for Upper Body.</p> <p>1:00PM Gardening Club: Wildflower Seed Bombs.</p> <p>2:00PM Card Sequence Game.</p>	<p>19. 2:00PM Bingo <i>Sports Bingo</i></p> 	<p>20. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club:</i> 'The Life Saver.'</p>	<p>21. 10:00AM Sunday Shows 'Let's Make a Deal.'</p> <p>2:00PM No.1 Hits from July Reminiscing.</p>

<p>22. 10:00AM Men's Bible Study.</p> <p>2:00PM <i>Music Group:</i> The Clovers.</p>	<p>23. 10:00AM Cover the Number Dice Game.</p> <p>2:00PM Photo Puzzle.</p>	<p>24. 12:30PM Cacti Ring Toss.</p> <p>2:00PM <i>Word Game Wednesday:</i> Cowboys Word Search.</p>	<p>25. 12:30PM Short Easy Exercise Routine.</p> <p>1:00PM Tie Dye Socks.</p> <p>2:00PM Lucky Dog Card Game.</p>	<p>26. 2:00PM Game Time <i>Chess, Checkers or Chinese Checkers.</i></p> 	<p>27. 10:00AM Table Talk.</p> <p>2:00PM <i>Trivia</i> All About Trees Quiz.</p>	<p>28. 10:00AM Read the Paper.</p> <p>2:00PM Workout Video.</p> <p><i>National Tree Planting Day</i></p>
<p>29. 10:00AM <i>Poetry Club:</i> Kindness Poems.</p> <p>2:00PM <i>Music Group:</i> Dean Martin.</p>	<p>30. 10:00AM Dice and Card Matching Game.</p> <p>2:00PM Qwirkle.</p>	<p>31. 12:30PM Binder Ball Catch.</p> <p>2:00PM <i>Word Game Wednesday:</i> Orchid Varieties Word Search.</p>				