



MARCH



Activities and Event Calendar (2200 Peachtree Lane.)




Shelby York

Life Enrichment Coordinator

Shelby@4seasonsseniorliving.com



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|---|---|---|---|---|
| | | | | | 1. 10:00AM Morning Meditation. | 2. 10:00AM Read the Paper. |
| | | | | | 2:00PM <i>Book Club:</i> 'I Am Woman Song Lyrics.' | 2:00PM Workout Video. |
| 3. 9:00AM Neurobics. | 4. 10:00AM Bible Study. | 5. 10:00AM Rainbow Coin Flip. | 6. 10:00AM <i>Card Game:</i> Pass & Match. | 7. 2:00PM Spa Day <i>Manicures.</i>  | 8. 10:00AM Browse Magazines. | 9. 10:00AM Sunday Shows 'Family Feud.' |
| 9:30AM Baking Club: Cupcake Decorating. | 2:00PM Mega Maze. | 2:00PM <i>Word Game Wednesday:</i> Exercise Word Search. | 2:00PM Poetry Club: 'Poems for St. Patrick's Day.' | | 2:00PM Table Talk. | 2:00PM Female Vocalists Quiz. |
| 2:00PM <i>Music Group:</i> Leontyne Price. | | | | | <i>International Women's Day</i> | |
| 10. 10:00AM Spring Word Scramble. | 11. 10:00AM Adult Coloring Club. | 12. 10:00AM Gardening Club: Window Greenhouse. | 13. 10:00AM <i>Card Game:</i> Uno. | 14. 2:00PM Game Time <i>Tetris</i>  | 15. 10:00AM Morning Meditation. | 16. 10:00AM Read the Paper. |
| 2:00PM <i>Music Group:</i> Astrid Varnay. | 2:00PM Magnet by Number. | 2:00PM <i>Word Game Wednesday:</i> Garden Word Search. | 2:00PM Puzzle. | | 2:00PM <i>Book Club:</i> 'Limericks.' | 2:00PM Workout Video. |

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| <p>17.</p> <p>SHAMROCK SHAKES</p> <p>10:30AM</p>  <p><i>Saint Patrick's Day</i></p> | <p>18.</p> <p>10:00AM</p> <p>Bible Study.</p> <p>2:00PM</p> <p>Sensory Seek and Find.</p> | <p>19.</p> <p>10:00AM</p> <p>Bean Bag Number Toss.</p> <p>2:00PM</p> <p><i>Word Game Wednesday:</i></p> <p>Rhyming Word Search.</p> | <p>20.</p> <p>10:00AM</p> <p><i>Card Game:</i></p> <p>Matching Card Game.</p> <p>2:00PM</p> <p>Poetry Club:</p> <p>'Poetry in Popular Songs.'</p> <p><i>Spring</i></p> | <p>21.</p> <p>2:00PM</p> <p>Film Friday</p> <p><i>'The Yearling.'</i></p>  <p><i>World Poetry Day</i></p> | <p>22.</p> <p>10:00AM</p> <p>Browse Magazines.</p> <p>2:00PM</p> <p>Table Talk.</p> | <p>23.</p> <p>10:00AM</p> <p>Sunday Shows</p> <p>'Jeopardy.'</p> <p>2:00PM</p> <p>It Happened in March Quiz.</p> |
| <p>24.</p> <p>9:00AM</p> <p>Pool Noodle Exercises.</p> <p>9:30AM</p> <p>Armchair Travel: Sri Lanka.</p> <p>2:00PM</p> <p><i>Music Group:</i></p> <p>Eleanor Steber.</p> | <p>25.</p> <p>10:00AM</p> <p>Adult Coloring Club.</p> <p>2:00PM</p> <p>Ubongo.</p> | <p>26.</p> <p>10:00AM</p> <p>Gardening Club.</p> <p>2:00PM</p> <p><i>Word Game Wednesday:</i></p> <p>Spring Cleaning Word Search.</p> <p><i>Anniversary of Beethoven's Death</i></p> | <p>27.</p> <p>10:00AM</p> <p><i>Card Game:</i></p> <p>Go Fish.</p> <p>2:00PM</p> <p>Wooden Puzzle.</p> | <p>28.</p> <p>ADOPT-A-CHICK</p> <p>10:00AM</p>  | <p>29.</p> <p>10:00AM</p> <p>Morning Meditation.</p> <p>2:00PM</p> <p><i>Book Club:</i></p> <p>'Beethoven Short Biography.'</p> | <p>30.</p> <p>10:00AM</p> <p>Read the Paper.</p> <p>2:00PM</p> <p>Workout Video.</p> |
| <p>31.</p> <p>10:00AM</p> <p>Baking Club.</p> <p>2:00PM</p> <p><i>Music Group:</i></p> <p>Elisabeth Schwarzkopf.</p> | | | | | | |