

## JANUARY

## Activities and Event Calendar (2208 Peachtree Lane.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1. 10:00AM Alphabet Game. 2:00PM Word Game Wednesday: New Year Resolutions Word Search. New Years Day	2. 10:00AM Card Game: Matching Card Game.  2:00PM Photo Puzzle.	3. 2:00PM Game Time Backgammon.	4. 10:00AM Browse Magazines. 2:00PM Table Talk.	5. 10:00AM Sunday Shows 'Jeopardy.'  2:00PM Trivia: New Year Resolutions Quiz.
6. 11:00AM Improvised Air Hockey.  11:30AM Pictionary.  2:00PM Music Group: Antonio Vilvadi.  Epiphany	7. 10:00AM Bible Study. 2:00PM Qwixx Dice Game.	8. 11:00AM Armchair Travel: Russia. 2:00PM Word Game Wednesday: Elvis Movies Word Search.	9. 10:00AM Card Game: Card Concentration. 2:00PM Wooden Shapes Matching.	10. 2:00PM Film Friday A Dance in the Snow.'	11. 10:00AM Morning Meditation.  2:00PM Book Club: 'Elvis Presley Biography.'	12. 10:00AM Read the Paper. 2:00PM Workout Video.
13. 11:00AM Sit & Stretch.  11:30AM Gingerbread Cookie Bars.  2:00PM Music Group: Johann Sebastian Bach.	14. 10:00AM Poetry Club: 'For Those Who Have Far to Travel.' 2:00PM Farkle.	15. 11:00AM Arts & Crafts: Winter Cardinal.  2:00PM Word Game Wednesday: Tulips Word Search	16. 10:00AM Card Game: Matching Card Game. 2:00PM Group Puzzle.	17. 2:00PM Bingo Chinese New Year Bingo	18. 10:00AM Browse Magazines. 2:00PM Table Talk.	19. 10:00AM Sunday Shows 'Wheel of Fortune.'  2:00PM Trivia: Flowers Quiz.  International Flower Day

20. 11:00AM Football Toss Game.  11:30AM Pinecone Bird Feeders.  2:00PM Music Group: Ludwig van Beethoven.  M.L.K Day	21. 10:00AM Bible Study. 2:00PM Yahtzee.	22. 11:00AM The Friendship Quilt. 2:00PM Word Game Wednesday: Coffee Word Search.	23. 10:00AM Card Game: Sevens Card Game. 2:00PM Building Blocks	Coffee + Cocoa Cart 10:30AM	25. 10:00AM Morning Meditation.  2:00PM Book Club: 'Life is Like a Cup of Coffee.'	26. 10:00AM Read the Paper. 2:00PM Workout Video.
27. 11:00AM Chair Yoga.  11:30AM Minute to Win It: Apple Stacking.  2:00PM Music Group: Wolfgang Amadeus Mozart  Mozarts Birthday	28. 10:00AM Poetry Club: 'One Today.'  2:00PM Music Group: Wolfgang Amadeus Mozart  Lego Day	29. 11:00AM Arts & Crafts: Snowman Suncatcher.  2:00PM Word Game Wednesday: China Word Search.	30. 10:00AM Card Game: Matching Card Game.  2:00PM Lego Therapy.	31. 2:00PM Game Time Battleship.		