

MAY

Activities and Event Calendar (1724 Milestone Ridge.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1. 10:00AM Seated Tai Chi. 10:30AM Arts & Crafts: Rain Sticks. 2:00PM Word Game Wednesday: Kentucky Derby Word Search.	2. 10:00AM Adult Coloring Club. 2:00PM Jumbling Tower.	3. 2:00PM Film Friday 'Pretty in Pink.'	4. 10:00AM Morning Meditation. 2:00PM Book Club: 'Black Beauty.'	5. 10:00AM Sunday Shows 'Family Feud.' 2:00PM Workout Video.
6. 11:30AM Cinco de Mayo Fiesta.	7. 10:00AM Baking Club. 2:00PM Card Game: Memory Match.	8. 10:00AM Chair Yoga. 10:30AM Gardening Club: Plant Strawberries. 2:00PM Word Game Wednesday: Mothers Day Word Scramble.	9. 10:00AM Bible Study. 2:00PM Mega Maze.	10. 2:00PM Mothers Day Celebration. ***********************************	11. 10:00AM Table Talk. 2:00PM Trivia Mothers Day Trivia.	12. 10:00AM Read the Paper. 2:00PM Mothers Day Quiz.
13. 10:00AM Penny Pitching. 2:00PM Music Group: Bill Hailey & His Comets.	14. 10:00AM Jigsaw Puzzle. 2:00PM Card Game: Matching Card Game.	15. 10:00AM Gentle Stretches. 10:30AM Bluebonnet Q-Tip Painting. 2:00PM Word Game Wednesday: May Flowers Word Search.	16. 10:00AM Adult Coloring Club. 2:00PM Tetris.	17. 2:00PM Bingo Honey Bingo	18. 10:00AM Morning Meditation. 2:00PM Book Club: 'Conquest of Everest.'	19. 10:00AM Sunday Shows 'Match Game.' 2:00PM Workout Video.

20. 10:00AM Pool Noodle Fishing. 2:00PM Music Group: Doris Day.	21. 10:00AM Baking Club. 2:00PM Card Game: Go Fish.	22. 10:00AM Balloon Volleyball. 10:30AM Gardening Club: Upcycled Green Onions. 2:00PM Word Game Wednesday: Honeybee Word Search.	23. 10:00AM Bible Study. 2:00PM Magnet by Number.	24. 2:00PM Spa Day Manicures	25. 10:00AM Table Talk. 2:00PM Trivia Memorial Day Trivia Quiz.	26. 10:00AM Read the Paper. 2:00PM May Quiz.
27. 10:00AM Military Bingo. 2:00PM Music Group: Nat King Cole.	28. 10:00AM Magnetic Puzzle. 2:00PM Card Game: Matching Card Game.	29. 10:30AM Oreo Taste Tasting.	30. 10:00AM Adult Coloring Club. 2:00PM Wooden Shapes. Matching Memory with a Sensory Twist.	31. 2:00PM Game Time Scrabble.		