



OCTOBER



Activities and Event Calendar (3805 Gillespie Dr.)


Shelby York

Life Enrichment Coordinator

Shelby@4seasonsseniorliving.com



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|---|--|---|--|---|
| | <p>1. 10:00AM Baking Club.</p> <p>2:00PM Ghost Blast.</p> <p><i>Resident Rights Month</i></p> | <p>2. 10:00AM <i>Card Game:</i> Red or Black.</p> <p>2:00PM <i>Word Game Wednesday:</i> Pizza Toppings Word Search.</p> | <p>3. 10:00AM Photo Puzzle.</p> <p>1:30PM Seated Tai Chi.</p> <p>2:00PM Potato Stamp Ghost Craft.</p> | <p>4. 2:00PM Game Time <i>Monopoly.</i></p> <p>GAME TIME!</p> | <p>5. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club:</i> 'Where Do Superstitions Come From?'</p> | <p>6. 10:00AM <i>Sunday Shows</i> 'Shark Tank.'</p> <p>2:00PM Weather Song Titles Quiz.</p> |
| <p>7. 10:00AM Adult Coloring Club.</p> <p>2:00PM <i>Music Group:</i> Whitney Houston.</p> | <p>8. 10:00AM Mega Maze.</p> <p>2:00PM Mummy Bowling.</p> | <p>9. 10:00AM Connect 4.</p> <p>2:00PM <i>Word Game Wednesday:</i> Halloween Word Scramble.</p> | <p>10. 10:00AM <i>Poetry Club:</i> Poems for Grandparents Day.</p> <p>1:30PM Gentle Stretches.</p> <p>2:00PM Bat Silhouette Art.</p> | <p>11. 2:00PM Spa Day <i>Manicures</i></p> <p></p> | <p>12. 10:00AM Table Talk.</p> <p>2:00PM <i>Trivia</i> Candy Trivia.</p> | <p>13. 10:00AM Read the Paper.</p> <p>2:00PM Workout Video.</p> |
| <p>14. 10:00AM Bible Study.</p> <p>2:00PM <i>Music Group:</i> Cyndi Lauper.</p> <p><i>Columbus Day/Indigenous Peoples Day</i></p> | <p>15. 10:00AM Baking Club.</p> <p>2:00PM Witch's Hat Ring Toss.</p> | <p>16. 10:00AM <i>Card Game:</i> Pass and Match.</p> <p>2:00PM <i>Word Game Wednesday:</i> American Candy Word Finder.</p> | <p>17. 10:00AM Group Puzzle.</p> <p>1:30PM Chair Yoga.</p> <p>2:00PM Spiderweb Suncatcher.</p> | <p>18. 2:00PM Film Friday <i>'Hocus Pocus.'</i></p> <p></p> | <p>19. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club:</i> 'The Raven' by Edgar Allen Poe.</p> | <p>20. 10:00AM <i>Sunday Shows</i> 'Let's Make a Deal.'</p> <p>2:00PM It Happened in October Quiz.</p> |

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| <p>21. 10:00AM Adult Coloring Club.</p> <p>2:00PM <i>Music Group:</i> Tina Turner.</p> | <p>22. 10:00AM Magnet by Number.</p> <p>2:00PM What's in the Box?</p> | <p>23. 10:00AM Dominoes.</p> <p>2:00PM <i>Word Game Wednesday:</i> Grandparents Day Word Search.</p> | <p>24. 10:00AM <i>Poetry Club:</i> Spooky Poems for Halloween.</p> <p>1:30PM Squeeze Ball Exercise.</p> <p>2:00PM Pumpkin Dog Treats for Lewisville Animal Shelter.</p> | <p>25. 27. 2:00PM Bingo <i>Halloween Bingo</i></p>  | <p>26. 10:00AM Table Talk.</p> <p>2:00PM <i>Trivia</i> Famous Witches Trivia.</p> | <p>27. 10:00AM Read the Paper.</p> <p>2:00PM Workout Video.</p> <p><i>Grandparents Day</i></p> |
| <p>28. 10:00AM Bible Study.</p> <p>2:00PM <i>Music Group:</i> Madonna.</p> | <p>29. 10:00AM Baking Club.</p> <p>2:00PM Monster Tin Can Shooting.</p> | <p>30. 10:00AM <i>Card Game:</i> Old Maid.</p> <p>2:00PM <i>Word Game Wednesday:</i> Halloween Mystical Word Search.</p> | <p>31. 10:00AM Magnetic Puzzle.</p> <p>1:30PM 30 Min. Exercise Routine.</p> <p>2:00PM Pick your Own: Pumpkin Patch and Decoration Station.</p>  <p><i>Halloween</i></p> | | | |