

## J U L Y

## Activities and Event Calendar (2200 Peachtree Lane.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. 10:00AM Adult Coloring Club. 2:00PM Music Group: Brenda Lee.	2. 10:00AM Baking Club. 2:00PM Card Game: Color & Shape Matching Card Game.	3. 11:00AM Chuck the Duck.  2:00PM Word Game Wednesday: 4th of July Word Finder.	4. 10:00AM USA Quiz. 2:00PM Magnetic Puzzle.	5. 2:00PM Film Friday 'Rudy.'	6. 10:00AM Morning Meditation.  2:00PM Book Club: 'Short Story of Matthew Flinders.'	7. 10:00AM Sunday Shows 'Wheel of Fortune.' 2:00PM Fun Facts about Chocolate.
8. 10:00AM Bible Study. 2:00PM Music Group: Ella Fitzgerald.	9. 10:00AM Mega Maze. 2:00PM Card Game: Go Fish.	10. 11:00AM Roll, Pour, Reveal 2:00PM Word Game Wednesday: Classic TV Series Word Search.	11. 11:00AM 30 Min Exercise Routine.  11:30AM Baking Club: Mini Peach Upside Down Cakes.  2:00PM Poetry Club: Peace Poems.	12. 2:00PM Bingo Sports Bingo	13. 10:00AM Table Talk. 2:00PM Trivia French Trivia.	14. 10:00AM Read the Paper. 2:00PM Workout Video.  Bastille Day
15. 10:00AM Adult Coloring Club. 2:00PM Music Group: Chuck Berry.	16. 10:00AM Baking Club. 2:00PM Card Game: Uno.	17. 11:00AM Milk Jug Water Balloon Toss.  2:00PM Word Game Wednesday: Carnival Word Search.	18. 11:00AM Relaxing Chair Exercises for Upper Body.  11:30AM Gardening Club: Wildflower Seed Bombs.  2:00PM Group Puzzle.	19. 2:00PM Game Time Wheel of Fortune.	20. 10:00AM Morning Meditation.  2:00PM Book Club: 'The Life Saver."	21. 10:00AM Sunday Shows 'Let's Make a Deal.'  2:00PM No.1 Hits from July Reminiscing.

22. 10:00AM Bible Study. 2:00PM Music Group: The Clovers.	23. 10:00AM Tetris. 2:00PM Card Game: Matching Card Game.	24. 11:00AM Cacti Ring Toss.  2:00PM Word Game Wednesday: Cowboys Word Search.  Cowboy Day	25. 11:00AM Short Easy Exercise Routine.  11:30AM Tie Dye Socks.  2:00PM Poetry Club: I Remember the Cheese of my Childhood.	26. 2:00PM Spa Day Manicures	27. 10:00AM Table Talk. 2:00PM Trivia All About Trees Quiz.	28. 10:00AM Read the Paper. 2:00PM Workout Video. National Tree Planting Day
29. 10:00AM Adult Coloring Club. 2:00PM Music Group: Dean Martin.	30. 10:00AM Baking Club.  2:00PM Card Game: Fairytale Movies Matching Card Game.	31. 11:00AM Binder Ball Catch.  2:00PM Word Game Wednesday: Orchid Varieties Word Search.				