

J U L Y

Activities and Event Calendar (205 Plantation Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|--|---|--|--|--|
| 1. 10:00AM Adult Coloring Club. 2:00PM Music Group: Brenda Lee. | 2. 10:00AM Baking Club. 2:00PM Card Game: Pass and Match. | 3. 10:00AM Word Game Wednesday: 4th of July Word Finder. 3:00PM Chuck the Duck. | 4. 10:00AM Group Puzzle. 2:00PM USA Quiz. | 5. 2:00PM Film Friday 'Rudy.' | 6. 10:00AM Morning Meditation. 2:00PM Book Club: 'Short Story of Matthew Flinders.' | 7. 10:00AM Sunday Shows 'Wheel of Fortune.' 2:00PM Fun Facts about Chocolate. |
| 8. 10:00AM Bible Study. 2:00PM Music Group: Ella Fitzgerald. | 9. 10:00AM Farkle. 2:00PM Card Game: Famous Duos Matching Game. | 10. 10:00AM Word Game Wednesday: Classic TV Series Word Search. 3:00PM Roll, Pour, Reveal | 11. 10:00AM Poetry Club: Peace Poems. 3:00PM 30 Min Exercise Routine. 3:30PM Baking Club: Mini Peach Upside Down Cakes. | 12. 12:30PM Splash Bash | 13. 10:00AM Table Talk. 2:00PM Trivia French Trivia. | 14. 10:00AM Read the Paper. 2:00PM Workout Video. Bastille Day |
| 15. 10:00AM Adult Coloring Club. 2:00PM Music Group: Chuck Berry. | 16. 10:00AM Baking Club. 2:00PM Card Game: Color and Shape Matching Game. | 17. 10:00AM Word Game Wednesday: Carnival Word Search. 3:00PM Milk Jug Water Balloon Toss. | 18. 10:00AM Photo Puzzle. 3:00PM Relaxing Chair Exercises for Upper Body. 3:30PM Gardening Club: Wildflower Seed Bombs. | 19. 2:00PM Bingo Sports Bingo | 20. 10:00AM Morning Meditation. 2:00PM Book Club: "The Life Saver." | 21. 10:00AM Sunday Shows 'Let's Make a Deal.' 2:00PM No.1 Hits from July Reminiscing. |

| 22. 10:00AM Bible Study. 2:00PM Music Group: The Clovers. | 23. 10:00AM Jenga. 2:00PM Card Game: Cupcake Memory Match. | 24. 10:00AM Word Game Wednesday: Cowboys Word Search. 3:00PM Cacti Ring Toss. | 25. 10:00AM Poetry Club: I Remember the Cheese of my Childhood. 3:00PM Short Easy Exercise Routine. 3:30PM Tie Dye Socks. | 26. 2:00PM Game Time Scrabble. D, S, C, R, A, B, B, L, E, Y, | 27. 10:00AM Table Talk. 2:00PM Trivia All About Trees Quiz. | 28. 10:00AM Read the Paper. 2:00PM Workout Video. National Tree Planting Day |
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| 29. 10:00AM Adult Coloring Club. 2:00PM Music Group: Dean Martin. | 30. 10:00AM Baking Club. 2:00PM Card Game: Ocean Matching Card Game. | 31. 10:00AM Word Game Wednesday: Orchid Varieties Word Search. 3:00PM Binder Ball Catch. | | | | |