

S E P T E M B E R

Activities and Event Calendar (3805 Gillespie Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1. 10:00AM Sunday Shows 'Wheel of Fortune.' 2:00PM September and the Number 7 Quiz.
2. 10:00AM Adult Coloring Club. 2:00PM Music Group: Glenn Miller Orchestra. Labor Day	3. 10:00AM Jenga. 2:00PM Umbrella Ball Toss.	4. 10:00AM Card Game: Color and Shape Matching Game. 2:00PM Word Game Wednesday: Labor Day Word Search.	5. 10:00AM Poetry Club: Poems for September. 1:30PM Gentle Stretches. 2:00PM Coffee Filter Sunflowers.	6. 2:00PM Game Time Connect 4.	7. 10:00AM Table Talk. 2:00PM <i>Trivia</i> Famous Composers Facts and Trivia.	8. 10:00AM Read the Paper. 2:00PM Workout Video. National Assisted Living Week
9. 10:00AM Bible Study. 2:00PM Music Group: Duke Ellington. National Assisted Living Week	10. 10:00AM Baking Club. 2:00PM Bubble Badminton. National Assisted Living Week	 11. 10:00AM Card Game: Matching Card Game. 2:00PM Word Game Wednesday: Chocolate Milkshake Word Search. 	12. 10:00AM Photo Puzzle. 1:30PM Group Exercise. 2:00PM Chocolate Milkshakes.	13. 2:00PM Spa Day Manicures	 14. 10:00AM Morning Meditation. 2:00PM Book Club: Pirate Short Stories. 	 15. 10:00AM Sunday Shows 'The Price is Right.' 2:00PM Radio History Quiz.

 16. 10:00AM Adult Coloring Club. 2:00PM Music Group: Billie Holiday. 	17. 10:00AM Building Blocks. 2:00PM Breeze Ball.	18. 10:00AM Card Game: Go Fish. 2:00PM Word Game Wednesday: Treasure Island Word Search.	19. 10:00AM Poetry Club: More September Poems. 1:30PM Gentle Stretches. 2:00PM Kindness Rock Garden.	20. 2:00PM Film Friday 'Unexpected Grace.'	National Assisted Living Week 21. 10:00AM Table Talk. 2:00PM Trivia Cultural Trivia from Around the World.	22. 10:00AM Read the Paper. 2:00PM Workout Video.
23. 10:00AM Bible Study. 2:00PM <i>Music Group:</i> The Pied Pipers.	24. 10:00AM Baking Club. 2:00PM Reel in the Bottle.	25. 10:00AM Card Game: Uno. 2:00PM Word Game Wednesday: Fall Word Search.	26. 10:00AM Group Puzzle. 1:30PM Group Exercise. 2:00PM No Sew Scented Sachets.	27. 2:00PM Bingo Drive in Bingo	 28. 10:00AM Morning Meditation. 2:00PM Book Club: Legends of the Sea. 	29. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM Autumn Alphabet Challenge.
30. Bagel Bar 9:30AM						