

Ο C T O B E R

Activities and Event Calendar (205 Plantation Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1. 10:00AM Baking Club. 3:00PM Ghost Blast. Resident Rights Month	2. 10:00AM Card Game: Old Maid. 2:00PM Word Game Wednesday: Pizza Toppings Word Search.	3. 10:00AM Magnetic Puzzle. 3:00PM Seated Tai Chi. 3:30PM Potato Stamp Ghost Craft.	4. 2:00PM Game Time <i>Tetris.</i> GAME	5. 10:00AM Morning Meditation. 2:00PM Book Club: 'Where Do Superstitions Come From?'	6. 10:00AM Sunday Shows 'Shark Tank.' 2:00PM Weather Song Titles Quiz.
7. 10:00AM Adult Coloring Club. 2:00PM Music Group: Whitney Houston.	8. 10:00AM Magnet by Number. 3:00PM Mummy Bowling.	9. 10:00AM Dominoes. 2:00PM Word Game Wednesday: Halloween Word Scramble.	 10. 10:00AM Poetry Club: Poems for Grandparents Day. 3:00PM Gentle Stretches. 3:30PM Bat Silhouette Art. 	11. 2:00PM Spa Day Manicures	12. 10:00AM Table Talk. 2:00PM <i>Trivia</i> Candy Trivia.	 13. 10:00AM Read the Paper. 2:00PM Workout Video.
14. 10:00AM Bible Study. 2:00PM Music Group: Cyndi Lauper. Columbus Day/Indigenous Peoples Day	15. 10:00AM Baking Club. 3:00PM Witch's Hat Ring Toss.	 16. 10:00AM Card Game: Pass and Match. 2:00PM Word Game Wednesday: American Candy Word Finder. 	17. 10:00AM Group Puzzle. 3:00PM Chair Yoga. 3:30PM Spiderweb Suncatcher.	18. 2:00PM Film Friday 'Hocus Pocus.'	 19. 10:00AM Morning Meditation. 2:00PM Book Club: 'The Raven' by Edgar Allen Poe. 	20. 10:00AM Sunday Shows 'Let's Make a Deal.' 2:00PM It Happened in October Quiz.

21. 10:00AM Adult Coloring Club. 2:00PM Music Group: Tina Turner.	22. 10:00AM Mega Maze. 3:00PM What's in the Box?	23. 10:00AM Connect 4. 2:00PM Word Game Wednesday: Grandparents Day Word Search.	24. 10:00AM Poetry Club: Spooky Poems for Halloween. 3:00PM Squeeze Ball Exercise. 3:30PM Pumpkin Dog Treats for Lewisville Animal Shelter.	25. 27. 2:00PM Bingo Halloween Bingo	26. 10:00AM Table Talk. 2:00PM <i>Trivia</i> Famous Witches Trivia.	27. 10:00AM Read the Paper. 2:00PM Workout Video.
28. 10:00AM Bible Study. 2:00PM Music Group: Madonna.	29. 10:00AM Baking Club. 3:00PM Monster Tin Can Shooting.	30. 10:00AM Card Game: Red or Black. 2:00PM Word Game Wednesday: Halloween Mystical Word Search.	 31. 10:00AM Photo Puzzle. 3:00PM 30 Min. Exercise Routine. 3:30PM Pick your Own: Pumpkin Patch and Decoration Station. Station. Halloween 			