

## Ο C T O B E R

## Activities and Event Calendar (205 Plantation Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1. 10:00AM Baking Club. 3:00PM Ghost Blast. Resident Rights Month	2. 10:00AM Card Game: Old Maid. 2:00PM Word Game Wednesday: Pizza Toppings Word Search.	3. 10:00AM Magnetic Puzzle. 3:00PM Seated Tai Chi. 3:30PM Potato Stamp Ghost Craft.	4. 2:00PM Game Time <i>Tetris.</i> GAME	5. 10:00AM Morning Meditation. 2:00PM Book Club: 'Where Do Superstitions Come From?'	6. 10:00AM Sunday Shows 'Shark Tank.' 2:00PM Weather Song Titles Quiz.
7. 10:00AM Adult Coloring Club. 2:00PM Music Group: Whitney Houston.	8. 10:00AM Magnet by Number. 3:00PM Mummy Bowling.	9. 10:00AM Dominoes. 2:00PM Word Game Wednesday: Halloween Word Scramble.	<ul> <li>10.</li> <li>10:00AM</li> <li>Poetry Club:</li> <li>Poems for</li> <li>Grandparents Day.</li> <li>3:00PM</li> <li>Gentle Stretches.</li> <li>3:30PM</li> <li>Bat Silhouette Art.</li> </ul>	11. 2:00PM Spa Day Manicures	<b>12.</b> <b>10:00AM</b> Table Talk. <b>2:00PM</b> <i>Trivia</i> Candy Trivia.	<ul> <li>13.</li> <li>10:00AM</li> <li>Read the Paper.</li> <li>2:00PM</li> <li>Workout Video.</li> </ul>
14. 10:00AM Bible Study. 2:00PM Music Group: Cyndi Lauper. Columbus Day/Indigenous Peoples Day	15. 10:00AM Baking Club. 3:00PM Witch's Hat Ring Toss.	<ul> <li>16.</li> <li>10:00AM</li> <li>Card Game:</li> <li>Pass and Match.</li> <li>2:00PM</li> <li>Word Game Wednesday:</li> <li>American Candy</li> <li>Word Finder.</li> </ul>	17. 10:00AM Group Puzzle. 3:00PM Chair Yoga. 3:30PM Spiderweb Suncatcher.	18. 2:00PM Film Friday 'Hocus Pocus.'	<ul> <li>19.</li> <li>10:00AM</li> <li>Morning</li> <li>Meditation.</li> <li>2:00PM</li> <li>Book Club:</li> <li>'The Raven' by</li> <li>Edgar Allen Poe.</li> </ul>	20. 10:00AM Sunday Shows 'Let's Make a Deal.' 2:00PM It Happened in October Quiz.

21. 10:00AM Adult Coloring Club. 2:00PM Music Group: Tina Turner.	22. 10:00AM Mega Maze. 3:00PM What's in the Box?	23. 10:00AM Connect 4. 2:00PM Word Game Wednesday: Grandparents Day Word Search.	24. 10:00AM Poetry Club: Spooky Poems for Halloween. 3:00PM Squeeze Ball Exercise. 3:30PM Pumpkin Dog Treats for Lewisville Animal Shelter.	25. 27. 2:00PM Bingo Halloween Bingo	26. 10:00AM Table Talk. 2:00PM <i>Trivia</i> Famous Witches Trivia.	27. 10:00AM Read the Paper. 2:00PM Workout Video.
28. 10:00AM Bible Study. 2:00PM Music Group: Madonna.	29. 10:00AM Baking Club. 3:00PM Monster Tin Can Shooting.	30. 10:00AM Card Game: Red or Black. 2:00PM Word Game Wednesday: Halloween Mystical Word Search.	<ul> <li>31.</li> <li>10:00AM</li> <li>Photo Puzzle.</li> <li>3:00PM</li> <li>30 Min. Exercise</li> <li>Routine.</li> <li>3:30PM</li> <li>Pick your Own:</li> <li>Pumpkin Patch and Decoration</li> <li>Station.</li> <li>Station.</li> <li>Halloween</li> </ul>			