

## JANUARY

## Activities and Event Calendar (205 Plantation Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1. 10:00AM Adult Coloring Club.  2:00PM Word Game Wednesday: New Year Resolutions Word Search.  New Years Day	2. 10:00AM Sensory Activity: 'Little Fit.'  2:00PM Card Game: Matching Card Game.	3. 2:00PM Game Time Parcheesi.	4. 10:00AM Browse Magazines. 2:00PM Table Talk.	5. 10:00AM Sunday Shows 'Jeopardy.'  2:00PM Trivia: New Year Resolutions Quiz.
6. 10:00AM Poetry Club: 'For Those Who Have Far to Travel.  2:00PM Music Group: Antonio Vilvadi.  Epiphany	7. 10:00AM Improvised Air Hockey.  10:30AM Pictionary.  2:00PM Baking Club.	8. 10:00AM Bible Study.  2:00PM Word Game Wednesday: Elvis Movies Word Search.  Elvis Presley Birthday	9. 10:00AM Armchair Travel: Russia. 2:00PM Jenga.	10. 2:00PM Film Friday 'A Dance in the Snow.'	11. 10:00AM Morning Meditation.  2:00PM Book Club: 'Elvis Presley Biography.'	12. 10:00AM Read the Paper. 2:00PM Workout Video.
13. 10:00AM Jigsaw Puzzle.  2:00PM Music Group: Johann Sebastian Bach.	14. 10:00AM Sit & Stretch. 10:30AM Gingerbread Cookie Bars. 2:00PM	15. 10:00AM Adult Coloring Club. 2:00PM Word Game Wednesday: Tulips Word Search	16. 10:00AM Arts & Crafts: Winter Cardinal.  2:00PM Card Game: Sevens Card Game.	17. 2:00PM Bingo Chinese New Year Bingo	18. 10:00AM Browse Magazines. 2:00PM Table Talk.	19. 10:00AM Sunday Shows 'Wheel of Fortune.'  2:00PM Trivia: Flowers Quiz.  International Flower Day

20. 10:00AM Poetry Club: 'One Today.'  2:00PM Music Group: Ludwig van Beethoven.	21. 10:00AM Football Toss Game.  10:30AM Pinecone Bird Feeders.  2:00PM Baking Club.	22. 10:00AM Bible Study. 2:00PM Word Game Wednesday: Coffee Word Search.	23. 10:00AM The Friendship Quilt.  2:00PM Dominoes.	Coffee & Cocoa Cart 2:00PM	25. 10:00AM Morning Meditation.  2:00PM Book Club: 'Life is Like a Cup of Coffee.'	26. 10:00AM Read the Paper. 2:00PM Workout Video.
27. 10:00AM Group Puzzle.  2:00PM Music Group: Wolfgang Amadeus Mozart	28. 10:00AM Chair Yoga.  10:30AM Minute to Win It: Apple Stacking.  2:00PM	29. 10:00AM Adult Coloring Club. 2:00PM Word Game Wednesday: China Word Search.	30. 10:00AM Arts & Crafts: Snowman Suncatcher.  2:00PM Card Game: Matching Card Game.	31. 2:00PM Spa Day Manicures.		
Mozarts Birthday	Lego Day	Lunar New Year				