







AUGUST

Activities and Event Calendar (2208 Peachtree Lane.)

Shelby York
 Life Enrichment Coordinator
 Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1. 10:00AM Ball Toss with Staff. 2:00PM Letter Scramble: Days and Months.	2. 2:00PM Game Time <i>Family 10 Game Set.</i> 	3. 10:00AM Morning Meditation. 2:00PM <i>Book Club:</i> 'Jenny the Horse.'	4. 10:00AM Sunday Shows 'Family Feud.' 2:00PM It Happened in August Quiz.
5. 10:00AM <i>Poetry Club:</i> Poems about Horses. 2:00PM <i>Music Group:</i> Louis Armstrong.	6. 10:00AM Spoons Card Game. 2:00PM Group Puzzle.	7. 12:30PM Whac A Mole. 2:00PM <i>Word Game Wednesday:</i> Horse Coat Colors Word Search.	8. 12:30PM Seated Tai Chi. 1:00PM Cooking Club: Quesadillas. 2:00PM Jumbling Tower.	9. 12:30PM PIE TASTING 	10. 10:00AM Table Talk. 2:00PM <i>Trivia</i> Horse Trivia.	11. 10:00AM Read the Paper. 2:00PM Workout Video.
12. 10:00AM Men's Bible Study. 2:00PM <i>Music Group:</i> The Rolling Stones.	13. 10:00AM Card Sequence Game. 2:00PM Yahtzee.	14. 12:30PM Hula Hoop Ball Catch. 2:00PM <i>Word Game Wednesday:</i> Cat Breeds Word Search.	15. 12:30PM 3 Relaxing Ball Exercises. 1:00PM Advice for the Younger Generation. 2:00PM Mancala.	16. 2:00PM Film Friday <i>'Uncharted.'</i> 	17. 10:00AM Morning Meditation. 2:00PM <i>Book Club:</i> 'In a Spin- A True Cat Story.'	18. 10:00AM Sunday Shows 'Match Game.' 2:00PM No.1 Hits from August.

<p>19. 10:00AM <i>Poetry Club:</i> Poems to Share.</p> <p>2:00PM <i>Music Group:</i> Johnny Cash.</p>	<p>20. 10:00AM Card Concentration Game.</p> <p>2:00PM Photo Puzzle.</p>	<p>21. 12:30PM Noodle Soccer.</p> <p>2:00PM <i>Word Game Wednesday:</i> Wild Cats Word Search.</p>	<p>22. 12:30PM Chair Yoga.</p> <p>1:00PM Gardening Club: Plant Beets.</p> <p>2:00PM Dominoes.</p>	<p>23. 2:00PM Bingo <i>Pet Bingo</i></p> 	<p>24. 10:00AM Table Talk.</p> <p>2:00PM <i>Trivia</i> Big Cats World Trivia.</p>	<p>25. 10:00AM Read the Paper.</p> <p>2:00PM Workout Video.</p>
<p>26. 10:00AM Men's Bible Study.</p> <p>2:00PM <i>Music Group:</i> The Everly Brothers.</p>	<p>27. 10:00AM Matching Card Game.</p> <p>2:00PM Farkle.</p>	<p>28. 12:30PM Basket Ball Game.</p> <p>2:00PM <i>Word Game Wednesday:</i> Book Titles Word Search.</p>	<p>29. 12:30PM Gentle Stretches.</p> <p>1:00PM Pool Noodle Art Stamping.</p> <p>2:00PM Chess, Checkers, Chinese Checkers.</p>	<p>30. 2:00PM Game Time <i>Battleship.</i></p> 	<p>31. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club:</i> 'Aesops Fables.'</p>	