







DECEMBER

Activities and Event Calendar (205 Plantation Dr.)

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 Life Enrichment Coordinator
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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
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| | | | | | | 1. 10:00AM Read the Paper. 2:00PM Workout Video. |
| 2. 10:00AM Bible Study. 2:00PM <i>Music Group:</i> Mariah Carey. | 3. 10:00AM Baking Club. 3:00PM Feed the Snowman. | 4. 10:00AM Yahtzee. 2:00PM <i>Word Game Wednesday:</i> Winter Word Scramble. | 5. 10:00AM <i>Poetry Club:</i> The Six-Cornered Snowflake. 3:00PM Relaxing Chair Exercises for Upper Body. 3:30PM Mitten Ornaments. | 6. 2:00PM Game Time Sorry!  | 7. 10:00AM Morning Meditation. 2:00PM <i>Book Club:</i> 'How the Grinch Stole Christmas' | 8. 10:00AM Sunday Shows 'Lingo.' 2:00PM Christmas Pantomimes Quiz. |
| 9. 10:00AM Adult Coloring Club. 2:00PM <i>Music Group:</i> Frank Sinatra. | 10. 10:00AM No Sixes Dice Game. 3:00PM Penguin Hunting. | 11. 10:00AM <i>Card Game:</i> Red or Black. 2:00PM <i>Word Game Wednesday:</i> Snowstorm Word Finder. | 12. 10:00AM Photo Puzzle. 3:00PM 30 Min Exercise Routine. 3:30PM Baking Club: Reindeer Brownies. | 13. 2:00PM Spa Day Manicures.  | 14. 10:00AM Table Talk. 2:00PM <i>Trivia</i> Kissing Under the Mistletoe. | 15. 10:00AM Read the Paper. 2:00PM Workout Video. |

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| <p>16. 10:00AM Bible Study: The Birth of Jesus.</p> <p>2:00PM <i>Music Group:</i> Michael Buble.</p> | <p>17. 10:00AM Baking Club.</p> <p>3:00PM Christmas Tree Pong: Cup Toss.</p> | <p>18. 10:00AM Farkle.</p> <p>2:00PM <i>Word Game Wednesday:</i> Christmas Word Scramble.</p> | <p>19. 10:00AM <i>Poetry Club:</i> White Eyes.</p> <p>3:00PM Gentle Stretches.</p> <p>3:30PM <i>Arts and Crafts:</i> Cardinal Painting.</p> | <p>20. 2:00PM Film Friday <i>'A Christmas Story.'</i></p>  | <p>21. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club:</i> 'The Story of Saint Nicholas.'</p> <p><i>First Day of Winter</i></p> | <p>22. 10:00AM <i>Sunday Shows</i> 'Lingo.'</p> <p>2:00PM Complete the Carol Titles.</p> |
| <p>23. 10:00AM Adult Coloring Club.</p> <p>2:00PM <i>Music Group:</i> Dean Martin.</p> | <p>24. 10:00AM Left, Center, Right Dice Game.</p> <p>2:00PM Ball Toss with Staff.</p> <p><i>Christmas Eve</i></p> | <p>25. <i>No Activities Scheduled for Today,</i></p>  <p><i>Christmas Day</i></p> | <p>26. 10:00AM Group Puzzle.</p> <p>3:00PM Chair Yoga.</p> <p>3:30PM Salt and Watercolor Snowflakes.</p> | <p>27. 2:00PM Bingo <i>Winter Bingo</i></p>  | <p>28. 10:00AM Table Talk.</p> <p>2:00PM <i>Trivia</i> New Years Traditions from Around the World.</p> | <p>29. 10:00AM Read the Paper.</p> <p>2:00PM Workout Video.</p> |
| <p>30. 10:00AM Bible Study.</p> <p>2:00PM <i>Music Group:</i> Andy Williams.</p> | <p>31. 10:00AM Baking Club.</p> <p>2:00PM Pleasant Face Exercises.</p> <p><i>New Years Eve</i></p> | | | | | |