

S E P T E M B E R

Activities and Event Calendar (2200 Peachtree Lane.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1. 10:00AM Sunday Shows 'Wheel of Fortune.' 2:00PM September and the Number 7 Quiz.
2. 10:00AM Adult Coloring Club. 2:00PM Music Group: Glenn Miller Orchestra. Labor Day	3. 10:30AM Gentle Stretches. 11:00AM Umbrella Ball Toss. 2:00PM Mega Maze.	4. 10:00AM Card Game: Pass and Match. 2:00PM Word Game Wednesday: Labor Day Word Search.	5. 11:30AM Coffee Filter Sunflowers. 2:00PM Poetry Club: Poems for September.	6. 2:00PM Game Time <i>Tetris.</i>	7. 10:00AM Table Talk. 2:00PM <i>Trivia</i> Famous Composers Facts and Trivia.	8. 10:00AM Read the Paper. 2:00PM Workout Video. National Assisted Living Week
9. 10:00AM Bible Study. 2:00PM Music Group: Duke Ellington.	10. 10:30AM Group Exercise. 11:00AM Bubble Badminton. 2:00PM Baking Club.	 11. 10:00AM Card Game: Ocean Animals Memory Match. 2:00PM Word Game Wednesday: Chocolate Milkshake Word Search. 	12. 11:30AM Chocolate Milkshakes. 2:00PM Group Puzzle.	13. 2:00PM Spa Day Manicures	 14. 10:00AM Morning Meditation. 2:00PM Book Club: Pirate Short Stories. 	15. SUNDAE FUN-DAY 11:30AM
National Assisted Living Week	National Assisted Living Week	National Assisted Living Week	National Assisted Living Week & Chocolate Milkshake Day	National Assisted Living Week	National Assisted Living	

					Week	
 16. 10:00AM Adult Coloring Club. 2:00PM Music Group: Billie Holiday. 	17. 10:30AM Gentle Stretches. 11:00AM Breeze Ball. 2:00PM Magnet by Number.	 18. 10:00AM Card Game: Famous Duos Matching Game. 2:00PM Word Game Wednesday: Treasure Island Word Search. 	19. 11:30AM Kindness Rock Garden. 2:00PM Poetry Club: More September Poems.	20. 2:00PM Film Friday 'Unexpected Grace.'	21. 10:00AM Table Talk. 2:00PM <i>Trivia</i> Cultural Trivia from Around the World.	22. 10:00AM Read the Paper. 2:00PM Workout Video.
 23. 10:00AM Bible Study. 2:00PM Music Group: The Pied Pipers. 	24. 10:30AM Group Exercise. 11:00AM Reel in the Bottle. 2:00PM Baking Club.	25. 10:00AM Card Game: Fairytale Movies Memory Match. 2:00PM Word Game Wednesday: Fall Word Search.	26. 11:30AM No Sew Scented Sachets. 2:00PM Magnetic Puzzle.	27. 2:00PM Bingo Drive in Bingo	 28. 10:00AM Morning Meditation. 2:00PM Book Club: Legends of the Sea. 	29. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM Radio History Quiz.
30. 10:00AM Adult Coloring Club. 2:00PM Music Group: Dinah Shore.						