

OCTOBER

Activities and Event Calendar (2200 Peachtree Lane.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1. 10:30AM Seated Tai Chi. 11:00AM Ghost Blast. 2:00PM Baking Club. Resident Rights Month	2. 10:00AM Dominoes. 2:00PM Word Game Wednesday: Pizza Toppings Word Search.	3. 11:30AM Potato Stamp Ghost Craft. 2:00PM Jigsaw Puzzle.	4. 2:00PM Game Time Qwirkle.	5. 10:00AM Morning Meditation. 2:00PM Book Club: 'Where Do Superstitions Come From?'	6. 10:00AM Sunday Shows 'Shark Tank.' 2:00PM Weather Song Titles Quiz.
7. 10:00AM Adult Coloring Club. 2:00PM Music Group: Whitney Houston.	8. 10:30AM Gentle Stretches. 11:00AM Mummy Bowling. 2:00PM Sensory Seek and Find.	9. 10:00AM Card Game: Weather Memory Match. 2:00PM Word Game Wednesday: Halloween Word Scramble.	10. 11:30AM Bat Silhouette Art. 2:00PM Poetry Club: Poems for Grandparents Day.	11. 2:00PM Spa Day Manicures	12. 10:00AM Table Talk. 2:00PM Trivia Candy Trivia.	13. 10:00AM Read the Paper. 2:00PM Workout Video.
14. 10:00AM Bible Study. 2:00PM Music Group: Cyndi Lauper. Columbus Day/Indigenous Peoples Day	15. 10:30AM Chair Yoga. 11:00AM Witch's Hat Ring Toss. 2:00PM Baking Club.	16. 10:00AM Jenga. 2:00PM Word Game Wednesday: American Candy Word Finder.	17. 11:30AM Spiderweb Suncatcher. 2:00PM Photo Puzzle.	18. 2:00PM Film Friday 'Hocus Pocus.'	19. 10:00AM Morning Meditation. 2:00PM Book Club: "The Raven' by Edgar Allen Poe.	20. 10:00AM Sunday Shows 'Let's Make a Deal.' 2:00PM It Happened in October Quiz.

21. 10:00AM Adult Coloring Club. 2:00PM Music Group: Tina Turner.	22. 10:30AM Squeeze Ball Exercise. 11:00AM What's in the Box? 2:00PM Wooden Shapes Matching.	23. 10:00AM Card Game: Go Fish. 2:00PM Word Game Wednesday: Grandparents Day Word Search.	24. 11:30AM Pumpkin Puree Dog Treats for Lewisville Animal Shelter. 2:00PM Poetry Club: Spooky Poems for Halloween.	25. 27. 2:00PM Bingo Halloween Bingo	26. 10:00AM Table Talk. 2:00PM Trivia Famous Witches Trivia.	27. 10:00AM Read the Paper. 2:00PM Workout Video. Grandparents Day
28. 10:00AM Bible Study. 2:00PM Music Group: Madonna.	29. 10:30AM 30 Min. Exercise Routine. 11:00AM Monster Tin Can Shooting. 2:00PM Baking Club.	30. 10:00AM Connect 4. 2:00PM Word Game Wednesday: Halloween Mystical Word Search.	31. 11:30AM Pick your Own: Pumpkin Patch and Decoration Station. 2:00PM Group Puzzle. Halloween			