







AUGUST

Activities and Event Calendar (205 Plantation Dr.)

Shelby York
 Life Enrichment Coordinator
 Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			<p>1. 10:00AM Ball Toss with Staff.</p> <p>2:00PM Letter Scramble: Days and Months.</p>	<p>2. 2:00PM Spa Day <i>Manicures</i></p> 	<p>3. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club: 'Jenny the Horse.'</i></p>	<p>4. 10:00AM Sunday Shows 'Family Feud.'</p> <p>2:00PM It Happened in August Quiz.</p>
<p>5. 10:00AM Adult Coloring Club.</p> <p>2:00PM <i>Music Group: Louis Armstrong.</i></p>	<p>6. 10:00AM Baking Club.</p> <p>2:00PM Fairytale Movies Matching Card Game.</p>	<p>7. 10:00AM <i>Word Game Wednesday:</i> Horse Coat Colors Word Search.</p> <p>3:00PM Whac A Mole.</p>	<p>8. 10:00AM Magnetic Puzzle.</p> <p>3:00PM Seated Tai Chi.</p> <p>3:30PM Cooking Club: Quesadillas.</p>	<p>9. 2:00PM Film Friday <i>'Uncharted.'</i></p> 	<p>10. 10:00AM Table Talk.</p> <p>2:00PM <i>Trivia</i> Horse Trivia.</p>	<p>11. 10:00AM Read the Paper.</p> <p>2:00PM Workout Video.</p>
<p>12. 10:00AM Bible Study.</p> <p>2:00PM <i>Music Group: The Rolling Stones.</i></p>	<p>13. 10:00AM <i>Poetry Club:</i> Poems about Horses.</p> <p>2:00PM Uno.</p>	<p>14. 10:00AM <i>Word Game Wednesday:</i> Cat Breeds Word Search.</p> <p>3:00PM Hula Hoop Ball Catch.</p>	<p>15. 10:00AM Tetris.</p> <p>3:00PM 3 Relaxing Ball Exercises.</p> <p>3:30PM Advice for the Younger Generation.</p>	<p>16. 3:30PM <i>Floats & Tunes</i></p> 	<p>17. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club: 'In a Spin- A True Cat Story.'</i></p>	<p>18. 10:00AM Sunday Shows 'Match Game.'</p> <p>2:00PM No.1 Hits from August.</p>

<p>19. 10:00AM Adult Coloring Club.</p> <p>2:00PM <i>Music Group:</i> Johnny Cash.</p>	<p>20. 10:00AM Baking Club.</p> <p>2:00PM Go Fish.</p>	<p>21. 10:00AM <i>Word Game Wednesday:</i> Wild Cats Word Search.</p> <p>3:00PM Noodle Soccer.</p>	<p>22. 10:00AM Group Puzzle.</p> <p>3:00PM Chair Yoga.</p> <p>3:30PM Gardening Club: Plant Beets.</p>	<p>23. 2:00PM Bingo <i>Pet Bingo</i></p> 	<p>24. 10:00AM Table Talk.</p> <p>2:00PM <i>Trivia</i> Big Cats World Trivia.</p>	<p>25. 10:00AM Read the Paper.</p> <p>2:00PM Workout Video.</p>
<p>26. 10:00AM Bible Study.</p> <p>2:00PM <i>Music Group:</i> The Everly Brothers.</p>	<p>27. 10:00AM <i>Poetry Club:</i> Poems to Share.</p> <p>2:00PM Color & Shape Matching Card Game.</p>	<p>28. 10:00AM <i>Word Game Wednesday:</i> Book Titles Word Search.</p> <p>3:00PM Basket Ball Game.</p>	<p>29. 10:00AM Mega Maze.</p> <p>3:00PM Gentle Stretches.</p> <p>3:30PM Pool Noodle Art Stamping.</p>	<p>30. 2:00PM Game Time <i>Connect 4.</i></p> 	<p>31. 10:00AM Morning Meditation.</p> <p>2:00PM <i>Book Club:</i> 'Aesops Fables.'</p>	