

## S E P T E M B E R

## Activities and Event Calendar (1724 Milestone Ridge.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1. 10:00AM Sunday Shows 'Wheel of Fortune.' 2:00PM September and the Number 7 Quiz.
2. 10:00AM Adult Coloring Club. 2:00PM Music Group: Glenn Miller Orchestra. Labor Day	3. 9:00AM Gentle Stretches. 9:30AM Umbrella Ball Toss. 2:00PM Baking Club.	4. 10:00AM Card Game: Fairytale Movies Memory Match. 2:00PM Word Game Wednesday: Labor Day Word Search.	5. 10:30AM Coffee Filter Sunflowers. 2:00PM Magnetic Puzzle.	6. 2:00PM Game Time <i>Shape Makers.</i>	7. 10:00AM Table Talk. 2:00PM <i>Trivia</i> Famous Composers Facts and Trivia.	8. 10:00AM Read the Paper. 2:00PM Workout Video. National Assisted Living Week
9. LEMONADE BAR 2:30PM	10. 9:00AM Group Exercise. 9:30AM Bubble Badminton. 2:00PM Magnet by Number.	<ul> <li>11.</li> <li>10:00AM</li> <li>Card Game:</li> <li>Famous Duos</li> <li>Matching Game.</li> <li>2:00PM</li> <li>Word Game Wednesday:</li> <li>Chocolate Milkshake</li> <li>Word Search.</li> </ul>	12. 10:30AM Chocolate Milkshakes. 2:00PM Poetry Club: Poems for September.	13. 2:00PM Spa Day <i>Manicures</i>	<ul> <li>14.</li> <li>10:00AM</li> <li>Morning</li> <li>Meditation.</li> <li>2:00PM</li> <li>Book Club:</li> <li>Pirate Short Stories.</li> </ul>	<ul> <li>15.</li> <li>10:00AM</li> <li>Sunday Shows</li> <li>'The Price is</li> <li>Right.'</li> <li>2:00PM</li> <li>Radio History Quiz.</li> </ul>
National Assisted Living Week	National Assisted Living Week	National Assisted Living Week	National Assisted Living Week & Chocolate Milkshake Day	National Assisted Living Week		

16. 10:00AM Adult Coloring Club. 2:00PM Music Group: Billie Holiday.	17. 9:00AM Gentle Stretches. 9:30AM Breeze Ball. 2:00PM Baking Club.	18. 10:00AM Card Game: Ocean Animals Memory Match. 2:00PM Word Game Wednesday: Treasure Island Word Search.	19. 10:30AM Kindness Rock Garden. 2:00PM Group Puzzle.	20. 2:00PM Film Friday 'Unexpected Grace.'	National Assisted Living Week 21. 10:00AM Table Talk. 2:00PM Trivia Cultural Trivia from Around the World.	22. 10:00AM Read the Paper. 2:00PM Workout Video.
23. 10:00AM Bible Study. 2:00PM Music Group: The Pied Pipers.	24. 9:00AM Group Exercise. 9:30AM Reel in the Bottle. 2:00PM Mega Maze.	25. 10:00AM Card Game: Pass and Match. 2:00PM Word Game Wednesday: Fall Word Search.	26. 10:30AM No Sew Scented Sachets. 2:00PM Poetry Club: More September Poems.	27. 2:00PM Bingo Drive in Bingo	28. 10:00AM Morning Meditation. 2:00PM Book Club: Legends of the Sea.	29. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM Autumn Alphabet Challenge.
30. 10:00AM Adult Coloring Club. 2:00PM Music Group: Dinah Shore.						